

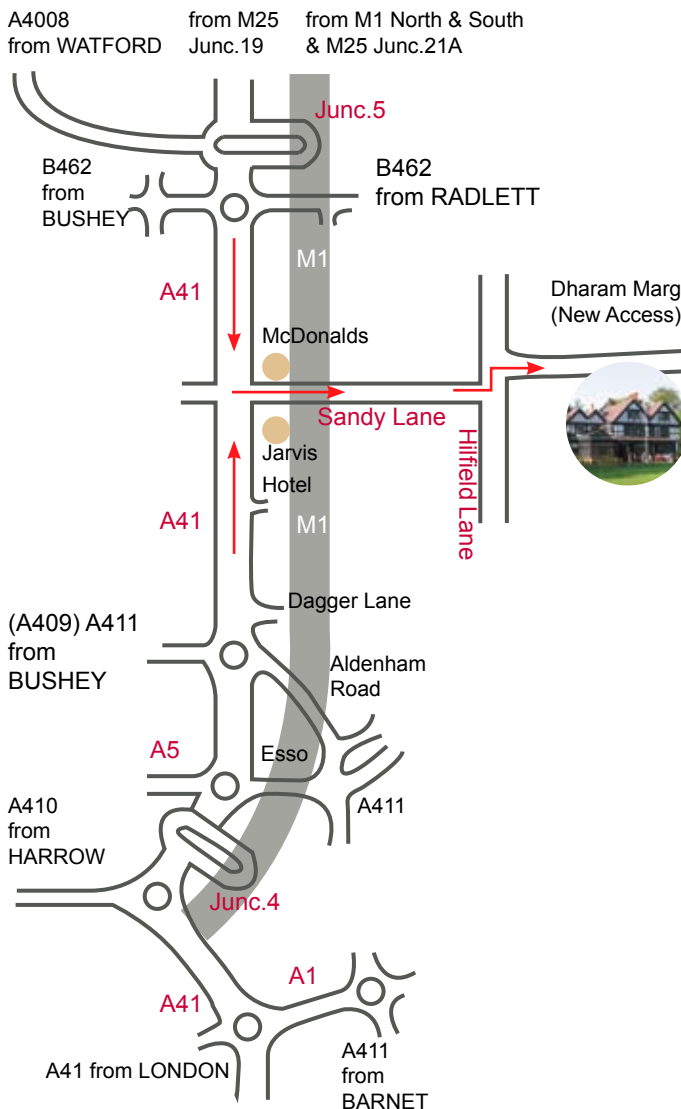
# DAILY PROGRAMME

## MORNING

Mangal Arati	4.30 - 4.55am
Tulsi Puja	5.00 - 5.15am
Japa Meditation	5.15 - 7.00am
Sundar Arati	7.00 - 7.05am
Guru Puja & Kirtan	7.05 - 7.30am
Sr. Bhagavatam Class	7.30 - 8.30am

## AFTERNOON / EVENING

Raj Bhoga Arati	12.30 - 12.55pm
Deities rest (no darshan)	1.00 - 4.20pm
Dhup Arati	4.20 - 4.30pm
Sandhya Arati	7.00 - 7.25pm
Bhagavad Gita Class	7.30 - 8.15pm
Shringar Arati	9.00 - 9.10pm
Deities rest & Temple closes -	9.30pm



## DIRECTIONS TO THE TEMPLE

For the main entrance follow the signs from A41 (there is no access through Letchmore Heath village).

### From the M1 (North or South)

Leave the motorway at Junction 5. Take the A41 South towards 'Harrow'. Drive straight over at the first roundabout (with the 'Toby Restaurant' to your left) and continue for approximately 1 mile. You will pass the Hilton Hotel on your left. Turn left at the traffic lights just before the Jarvis Hotel onto Sandy Lane. At the end of the road, turn left and immediately to your right you will find the entrance to Bhaktivedanta Manor.

### From the M25 Clockwise

Come off at junction 19 and come to a large roundabout at the end of a long slip road. Take the A41 South towards 'North Watford'. Go straight on at the first roundabout (one mile), straight on at the lights half a mile, and go under the M1 interchange (Junction 5). Drive straight over at the first roundabout (with the 'Toby Restaurant' to your left) and past the Hilton Hotel for approximately 1 mile. Turn left just before the Jarvis Hotel onto Sandy Lane. At the end of the road, turn left and immediately to your right you will find the entrance to Bhaktivedanta Manor.

From the M25 anticlockwise and from the North via A1  
Come off the M25 at Junction 21A. Take the A405 South. At the first roundabout, turn left onto the M1 then follow previous instructions for - From the M1 (North or South). From London direction via A41 (rather than by the M1) Driving along the A41 you will see turns to Edgware and Stanmore to the left. Carry straight on. You will see the slip road onto the M1 North at Junction 4. Take the slip road and join the M1 Northbound - then follow previous instructions for 'From the M1 (North or South)'.

**Bhaktivedanta Manor, Dharam Marg, Hilfield Lane, Aldenham, Herts WD25 8EZ**

**For GPS navigation systems please use WD25 8DT**

**Tel: 01923 851000 - [www.krishnatemple.com](http://www.krishnatemple.com)**